

**Systemic Constellations – Why do I attend?**

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**What are my expectations for today?**

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**What is my core question at this moment?**

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**What would change for me after a constellation?**

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**How would I notice something has changed?**

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**Would others notice a difference too?**

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**How would they notice the change?**

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**What are my resources?**

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**How can I remind myself of my inner resources?**

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**What makes me unique on this planet earth?**

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**How can I encourage myself to manifest this uniqueness?**

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**Who are the most important persons in my life?**

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**Are they my resources?**

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**Which small thing can I change in my life as of now?**

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**Which major part of my life should NOT change at the moment?**

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**I AM THE CREATOR OF MY UNIVERSE!**

